

Sandra A. Fryhofer, MD
Board Certified Physician of Internal Medicine
Board of Trustees, American Medical Association (AMA)
Adjunct Clinical Associate Professor of Medicine, Emory University School of Medicine

Dr. Fryhofer maintains a full-time general internal medicine practice in Atlanta. As a member of the AMA House of Delegates since 1999, she has been active in the AMA for almost two decades. She was twice elected to the AMA Council on Science and Public Health and served as its chair in 2012–2013. She served as the council’s representative to the Commission to End Health Care Disparities and to the National Influenza Summit. For years, she has also served as the AMA liaison to the Centers for Disease Control and Prevention’s Advisory Committee on Immunization Practices, including on work groups for flu, zoster, HPV, cholera, pneumococcal vaccines and the adult schedule. Dr. Fryhofer also chaired the AMA Convention Committee on Rules and Credentials and served on the AMA Select Committee. In her new role as an AMA trustee, she has been appointed to the Scope of Practice Partnership and as the board liaison to both the AMA Advisory Committee on LGBTQ Issues and to the AMA Council on Medical Service.

In addition to leadership roles at the AMA, Dr. Fryhofer served as president of the American College of Physicians (ACP), the world’s largest medical specialty society. When elected in 2000, she was the youngest person and only the second woman to hold that office in the ACP’s then 85-year history. She also served on the ACP Board of Regents and chaired its Committee on Women’s Health. Her work on behalf of internal medicine was rewarded with a Mastership in ACP and a fellowship in Great Britain’s Royal College of Physicians.

At the local level, Dr. Fryhofer serves on the board of directors of the Medical Association of Atlanta (MAA) and is an MAA delegate to the Medical Association of Georgia (MAG) House of Delegates. She also serves on three MAG task forces where she addresses critical health issues, such as health outcomes, health insurance and prescription drug abuse.

Dr. Fryhofer also has extensive experience in medical communications. She has testified before Congress and the U.S. Food and Drug Administration on several occasions for the AMA and ACP. She was national spokesperson for the ACP’s “Doctors for Adults” Public Education campaign, was a medical correspondent for CNN Headline News, and hosted “Your Health Matters” on Georgia’s PBS affiliate. She also wrote “Vital Signs,” a weekly column on the CNN website, in addition to a video editorial series called “Medicine Matters” and a viewpoint series entitled “Staying Well,” both of which appeared on WebMD’s Medscape.

Dr. Fryhofer received her bachelor’s degree in chemical engineering, with high honors, from Georgia Tech, and she is a graduate of Emory University School of Medicine. She resides in Atlanta with her spouse, George, who is a retired attorney. They have twin children—their son is an orthopedic surgery resident at the University of Pennsylvania, and their daughter is in the JD/MBA program at Yale University.