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Troy Knighton is a Licensed Professional Counselor and National Certified Counselor. He received his Education Specialist degree in Counselor Education from the University of Virginia and a Master of Education from The American University in Washington, DC.

Within the Veterans Health Administration (VHA), Troy is the national program manager for influenza and oversees special programs related to hand hygiene, respiratory etiquette, pandemic influenza, and other public health outbreaks. He joined the Department of Veterans Affairs (VA) in 2000 after leaving his position as Director of HIV Testing and Counseling at Whitman-Walker Clinic, Washington, DC.

Mr. Knighton is a skilled trainer and curriculum developer. He has provided training to trainers and other professionals within the US Conference of Mayors offices, INOVA Fairfax Hospital and within VA. He has conducted workshops, seminars and presentations in a variety of university settings as well as local, state, and national professional conferences.