

# Best Practices

## for Increasing Influenza Vaccination Levels among Healthcare Workers

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**Facility:** Houston Northwest Medical Center  
710 FM 1960 West  
Houston, TX 77090

**Type of Facility:** Hospital

### Methods:

- Occupational health nurses pushed mobile carts to all departments/locations in hospital
- Vaccine was available in hallway by cafeteria during lunch hours
- Provided tootsie pops and stickers to all vaccinees
- Distributed weekly roster of employee compliance by department October-November (created competition between departments)
- Declination forms required
- Departments with low compliance were visited to improve rates
- Provided clinic days for family members (some preferred to be vaccinated with family)
- Employer covered costs of program from Occupational Health budget

### Results:

- Vaccination rate in 2007-08 season: 62% (3% increase over previous year)

### Contact:

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## Prevent Influenza Now!

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